

SALMON ARM SAVINGS AND CREDIT UNION POOL COVID-19 SAFE OPERATIONS

Salmon Arm Recreation

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your link to recreation



Staff Training Plan

Category: COVID-19 Procedures

Approved by: Aquatic Manager: May 2020

Revised:

Procedure

Staff Training

Salmon Arm Recreation will provide training to re-activate and up-date all staff prior to returning to work in Aquatics.

Online Training Topics

- Session 1: Disinfection (All staff)
 - o https://www.youtube.com/watch?v=_bt52_P06nE&feature=youtu.be

- Session 2: Lifeguard Training (Lifeguards only)
 - Life Saving Society Videos (to be provided)

In-Person Training Topics

1. Rescue-Ready Assessment (Lifeguards only)
2. Personal Protective Equipment (All staff)
3. First Aid Procedures (Lifeguards only)
4. Cleaning Procedures (All staff)
5. Cleaning Chemicals (Maintenance only)
6. Front Desk Procedures (Cashiers only)
7. Exposure Control Plan (All staff)

All training must be documented and signed by both staff member and supervisor.

Staff Health and Hygiene

Category: COVID-19 Procedures

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COVID-19 Health Assessment

To avoid transmission between employees and patrons, every employee suspected or confirmed to have contracted COVID-19 must stay home.

Staff are required to verbally declare to their supervisor that they are symptom-free at the start of their shift.

Staff COVID-19 Self-Assessment

Any employee experiencing respiratory illness similar to a cold or flu should stay home from work and start to self-isolate immediately. These symptoms include: fever, chills, cough, shortness of breath, sore throat, painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue or loss of appetite. Contact the Interior Health COVID-19 Information line at 811 for advice. Follow the advice you receive and inform your supervisor.

It is likely that you will be required to self-isolate at home for a minimum of ten days from the onset of these symptoms and to stay home until these symptoms are completely resolved. If you are advised to be tested for COVID -19 and your test result is negative, you must continue to isolate until your symptoms are resolved.

Sick Workers

Workers who develop flu-like symptoms including fever, cough, sneezing, sore throat should immediately report it to their supervisor and go home or remain at home. They should then:

- complete the self-assessment via bc.thrive.health/covid19,
- call 8-1-1 for further review and/or call their doctor for direction,
- and request a COVID-19 test immediately

Workers may need to isolate for 10 to 14 days at home depending on the outcomes and advice of the above. <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>.

Anyone who may have been working in close proximity to a worker with flu-like symptoms, who was not following the requirements of the social/physical distancing procedure, is required to self-monitor for symptoms.

Work areas will need to be disinfected to prevent further spread of the virus to other employees

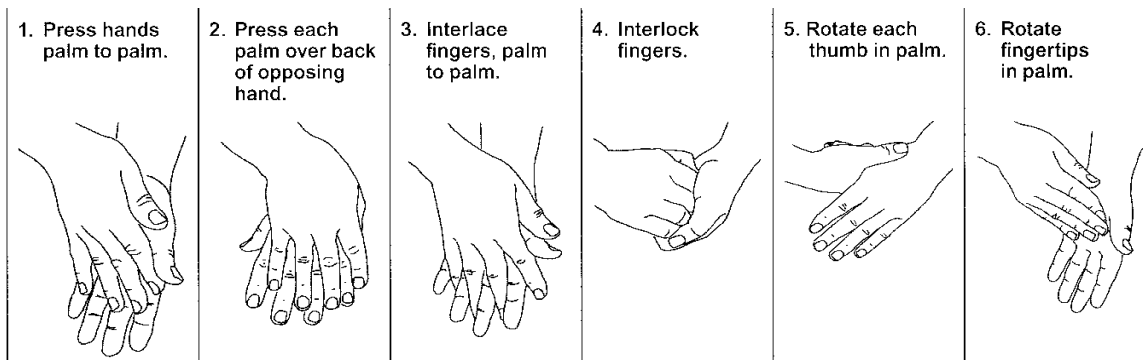
Hygiene

Hand Washing and Hygiene

Hand washing is one of the best ways to minimize the risk of infection. Proper hand washing helps prevent the transfer of infectious material from the hands to other parts of the body – particularly the eyes, nose and mouth – or to other surfaces that are touched.

Wash your hands immediately:

- Before leaving a work area;
- After bathroom use;
- After handling materials that may be contaminated such as money or documents or
- Before eating, drinking, smoking, handling contact lenses, or applying makeup.



Use soap and warm running water; it does not have to be hot to be effective. Wash and rinse your hands for at least twenty seconds. **If water is unavailable**, use a waterless hand cleanser that has at least 70% alcohol. Follow the manufacturer's instructions on how to use the cleanser. Workers should avoid touching their face, nose, and mouth and avoid rubbing your eyes. Personal hygiene should be maintained, and routine handwashing must take place. Dispose of anything that touches your mouth such as tissues or plastic eating utensils.

Face Masks

- Washable cloth masks will be provided for staff for use on the job site.
- Staff should wear face masks if physical distancing cannot be maintained with other staff members.
- At this time, wearing a face mask at all times in the facility is not mandatory. This will be updated according to provincial health recommendations.
- Masks can become contaminated on the outside when touched by hands so employees should avoid touching or adjusting them often.
- Masks that become wet, soiled, or damaged are less effective and must be replaced immediately.
- Masks must be put on and taken off correctly, including not touching the front of the mask and washing hands before/after application and removal.
- Never share masks with others.

Personal Hygiene

- Avoid physical greetings such as handshakes and hugs.
- Employees must practice good hygiene throughout their shift including proper hand washing and cough/sneeze etiquette.
- There should be no sharing of cigarettes or vaping equipment.

Keeping Shared Spaces & Equipment Clean

Shared Staff Change Rooms

- Staff should arrive dressed in their uniform.
- A maximum of two staff in the change room. Physical distancing must occur at all times.
- Personal items brought in (e.g. bags, shoes, jackets) must be kept to a minimum.
- If personal items are in the change room, adequate space must be between each staff member's items to encourage physical distancing.
- All belongings must be brought home at the end of each shift.
- Lockers must be emptied and disinfected at the end of each shift.

Shared Equipment

- Equipment and tools must not be shared between employees (PPE, fanny packs, whistles, keys, etc.).
- Lifeguards should only use one rescue tube per shift. Disinfect the rescue tube before and after the shift. If a rescue tube must be shared, it must be disinfected between use.
- Clean staff room table before and after each use.
- Do not share cups, glasses, or utensils.
- Avoid sharing common objects (e.g. pens).
- Uniforms should be washed at home at the end of each shift.

Facility Admission & Access

Category: COVID-19 Procedures

Approved by: Aquatic Manager: May 2020

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Procedure

Facility Admission

Salmon Arm Recreation is implementing the following facility admission protocols:

1. At the entrance, sign posted stating:

“Do Not Enter If You Have:

- COUGH, FEVER, SORE THROAT OR ARE EXPERIENCING BREATHING DIFFICULTIES
- BEEN IN CONTACT WITH SOMEONE WHO HAS COVID-19 IN THE LAST 14 DAY

PLEASE WASH YOUR HANDS WITH SOAP AND WATER.

PLEASE RESPECT SOCIAL DISTANCING IN THE FACILITY.

PLEASE BRING YOUR OWN DRINKING WATER AS OUR FOUNTAINS ARE REMOVED FROM SERVICE.”

2. Patrons are encouraged to shower at home prior to entering the facility and to arrive in their bathing suit to limit time spent in the change rooms.
3. Employees located at the front desk are protected by a plexiglass barrier. Employees should wear gloves while handling cash and locker tokens.
4. Patrons must self-apply personal protective equipment as needed.
5. A reservation system and swim time limitations are in place to avoid crowd gathering and wait times.
6. Occupancy limit of 50 persons in the natatorium.

Facility Access

1. Facility access is provided with separate entry and exit points at the main entrance with a barrier ensuring physical distancing.
2. Signage, floor markings and barriers are installed to guide patrons in and out of the building.

3. Physical markers are installed on the lobby floor which indicate two metre physical distancing for patrons waiting in line.
4. Signage and barriers are installed in the change rooms to encourage physical distancing.
5. Occupancy limits posted for all public and staff spaces.
6. Staff visitors are prohibited.
7. Staff must leave the building immediately after their shift ends.

Disinfection Procedures

Category: COVID-19 Procedures

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The disinfection procedures listed are in response to the COVID-19 pandemic. These cleaning measures are in addition to regular facility cleaning procedures which are outlined in the Pool Safety Plan.

Personal Protection

The risk of exposure to cleaning staff is inherently low, however cleaning staff should wear disposable gloves and appropriate PPE for all cleaning tasks, including handling trash. PPE should be removed carefully to avoid contamination of the wearer and surrounding area.

Cleaning Procedures

Surfaces frequently touched by hands are most likely to be contaminated. These include doorknobs, handrails, light switches, cabinet handles, faucet handles, tables, countertops, and electronics. These areas are high priority cleaning areas within the facility.

Lockers and cubbies used by pool patrons/employees to store personal belongings are closed.

Salmon Arm recreation has created a detailed cleaning log which includes where, what, and how often cleaning will occur. Log sheets are posted outside washroom doors, completed/signed off each time they are cleaned.

Cleaning occurs in the change rooms every 2 hours and cleaning/disinfection occurs during the designated cleaning blocks throughout the operational day and after-hours.

Aquatic Programming

Category: COVID-19 Procedures

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General

1. Bather loads are reduced to allow appropriate physical distancing.
2. Signage installed at the entrance to inform patrons that:
 - a. Users should not spit, urinate, or blow their nose in the water.
 - b. People at higher risk of COVID-19 should not participate in programmed activities.
 - c. Patrons should not share water bottles, towels, goggles, or any other equipment.
 - d. Water bottles should be filled at touchless fill station available on deck.
 - e. The use of goggles is encouraged to avoid mucus contamination.

Patron Equipment

1. There is no current evidence that COVID-19 survives in chlorinated pool water. There are no special disinfection procedures to put in place for equipment that is regularly in contact with chlorinated water.
2. Snorkels are prohibited.
3. Equipment will be cleaned between use.

Swim Information

Salmon Arm Recreation is offering a reduced pool activity schedule to limit the number of patrons in the building at any one time.

- Booking is done online; go to salmonarmrecreation.ca for more information.
- Aquatics will retain basic contact information of all group attendees, as required by the Provincial Medical Health Officer.

Salmon Arm Pool will be reopened on a phased-in approach.

Phases	Activity Type
Phase 1 July 13-24 Monday to Friday only	Progressive reopening of aquatic facilities in compliance with provincial health authority. <ul style="list-style-type: none">• Lifesaving or lifeguard training• Aquatic sports training for athletes• Aquatic fitness classes with instructors being out of the water (except for demonstrations)• Supervised lane/lap swimming with reduced bather loads
Phase 2 Dates to be Announced If there is no significant rise in Covid cases reported by the Health Authority during Phase 1 in the community, add activity.	<ul style="list-style-type: none">• Individual swimming lessons or training sessions that do not need physical manipulation by the instructor or coach<ul style="list-style-type: none">• Extend hours of operation.
Phase 3 Dates to be Announced If there is no significant rise in Covid cases reported by BC Health Authority in the community during phase 2, add activity.	<ul style="list-style-type: none">• Recreational swimming• Swimming lessons excluding groups that need physical manipulation by the instructor• Whirlpool, and sauna• Other equipment (e.g. toys) with proper disinfection procedure
Phase 4 Pandemic is over, COVID-19 is under control	<ul style="list-style-type: none">• All activities can resume

Note: All conditions and activities are subject to change at our sole discretion or based on Provincial Health recommendations.

Aquatic Amenities

Diving Boards

- Floor markings installed to indicate physical distancing measures for line-ups.
- Clean all touch points as usual.

Sauna

Saunas present a higher risk of COVID-19 transmission due to:

- Design makes it more difficult to maintain appropriate physical distancing.
- Challenging surfaces to keep clean and disinfected.
- Potential for COVID-19 to be spread when patrons touch common surfaces.
- The sauna will remain closed until further notice.

Hot Tub

- When re-opened, reduced bather load (maximum 9 patrons) to encourage physical distancing.
- The Hot Tub will remain closed until further notice.

Water Features

Water features will be assessed regularly and closed if needed to encourage physical distancing.